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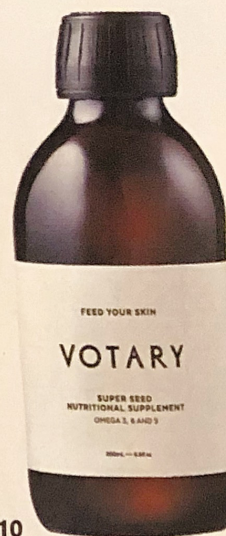
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SPA SURVIVAL KIT

skin deeper

*Soothing oils, botanicals
and super-slick tools*

By FRANCESCA WHITE



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1. 79 LUX Balm, £46

This cossetting body balm is respite for weather-worn skin. Shea butter nourishes, hyaluronic acid hydrates, lactic acid refines – but most pleasing is the delicate golden hue, which leaves limbs with a flattering sheen.

2. QUANTUM BOTANIKA

My Balancing Cream, £52
When facialist Nataliya Robinson couldn't find a solution for her skin breakouts, she created a nourishing yet lightweight formula to do what other creams couldn't. And now you can use it too.

3. MAULI Sleep Dharma Pillow Mist, £22

Blending essential oils of chamomile, lavender and bergamot, this sedative spritz is tiny enough to slip into your hand luggage. So while it will uplift the most sterile spa room, it's also dreamy on long-haul flights.

4. CHENOT Cosmétique

Photoactive Sun Protection Body SPF30, £27.50
Dr Henri Chenot knows a thing or two about premature ageing – fortunately, his new SPF has you covered. Non-sticky and supremely protective, it shields skin and promises to restore lost tone.

5. THE GLASSHOUSE

Wooden Bath Brush, £35
The sleek design of this wild boar-bristle brush elevates dry body brushing to an art. A quick once-over each morning stimulates the lymphatic system and sloughs off dead cells, revealing perkier skin.

6. ESPA TriActive Advanced ProBiome Serum, £100

This not only leaves faces feeling impossibly smooth, it also keeps skin's natural bacteria in check. So even sensitive complexions won't react to a shift in time zone.



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7. AMAN Purifying Quartz Scrub and Soak, £102.50
Aman's product line-up is as slick as it is seductive. Take this thick and unctuous double act, which blends quartz crystals with seaweed oil for an exfoliating, energising b

8. GREEN GODDESSES CBD Salve, £29
Rich in CBD oil (extracted from cannabis flowers with the gentlest heat), this organic salve is small but mighty. Bites, scratches and parched skin don't stand a chance.

9. AESOP Gentle Face Cleansing Milk, from £22
Aesop's first milk cleanser has been worth the wait. Full of hydrating Provitamin B5 and soothing sandalwood, it's mild